



TRISH DONNELLY-RUNNION MEMORIAL ROAD RACE

3.1 MILE (5K) RUN • 1 MILE WALK or RUN

Sunday September 12, 2010

Registration & Information

Races are held as a fundraiser for Breast Cancer Awareness and the Salem High School Cross Country teams. T-shirts to prepaid and race day entries while supplies last.

- Parking available in Plymouth Cultural Center parking lot.
- Starting lines on Farmer Street at Theodore.
- Courses - On City Streets (*Please refer to maps on back*)
- Finish area on Central Middle School Track.

Race Day Registration & Pre-registered packet pick up in Plymouth Cultural Center lobby, or, complete form below and mail with check payable to: *Trish Donnelly-Runnion Road Race*

MAIL TO: Trish Donnelly-Runnion Road Race
P.O. Box 700034
Plymouth, MI 48170

INFORMATION: Pat Donnelly @ (734) 495-9512
or (248) 474-3511

Website: www.salemcrosscountry.org (*Under RACE HOSTS*)

Races & Times of Importance

| | |
|------------------|--------------|
| Registration | 7:00-8:00 am |
| 5 Kilometer Race | 8:15 am |
| 1 Mile Fun Run | 9:10 am |
| 1 Mile Walk | 9:10 am |
| Awards | 9:30 am |

5K Age Divisions

Please Check Division

| | | |
|-------------------------------------|--------------------------------|------------------------------------|
| <input type="checkbox"/> 13 & under | <input type="checkbox"/> 30-34 | <input type="checkbox"/> 50-54 |
| <input type="checkbox"/> 14-18 | <input type="checkbox"/> 35-39 | <input type="checkbox"/> 55-59 |
| <input type="checkbox"/> 19-24 | <input type="checkbox"/> 40-44 | <input type="checkbox"/> 60 - 64 |
| <input type="checkbox"/> 25-29 | <input type="checkbox"/> 45-49 | <input type="checkbox"/> 65 & over |

Entry Fees

\$17.00 – *If postmarked before 9/3/2010*

\$22.00 – *If postmarked after 9/3/2010 & Race Day*

2010 Trish Donnelly-Runnion Memorial Run benefits Higher Education, in the form of two Scholarships, & Breast Cancer Awareness, in the form of a Donation to St. Joseph Mercy Hospital

Awards (*Male & Female*)

- Custom Awards to Overall Male & Female Winners in the 5K Run
- 5K Awards to top three registered winners in each Division.
- 1 Mile Awards to the top fifteen registered males & females under the age of thirteen

RACE ENTRY FORM

Please complete & send to address above or email entry with information below to: obsports@comcast.net

Last Name: _____ First Name: _____

Address: _____ City: _____ State: _____ ZIP: _____

Telephone: _____ Email Address: _____

Birth Date: _____ Age (on 9/12/10): _____ M F

Event: 1 Mile Walk 1 Mile Run 3.1 Mile Run **Shirt Size:** S M L XL

Waiver: In consideration of the acceptance of my entry, I, for myself, my executors, administrators and assignees do hereby release and discharge the Trish Donnelly-Runnion Foundation, Salem Cross Country Teams, the Township of Plymouth, the Plymouth Canton Community School District, its agents, representatives or affiliates and all other sponsors jointly and severally, for any and all claims of injuries or damages incurred by me in connection of said event. I attest and verify that I have full knowledge of the risks involved and am physically fit to participate in this event.

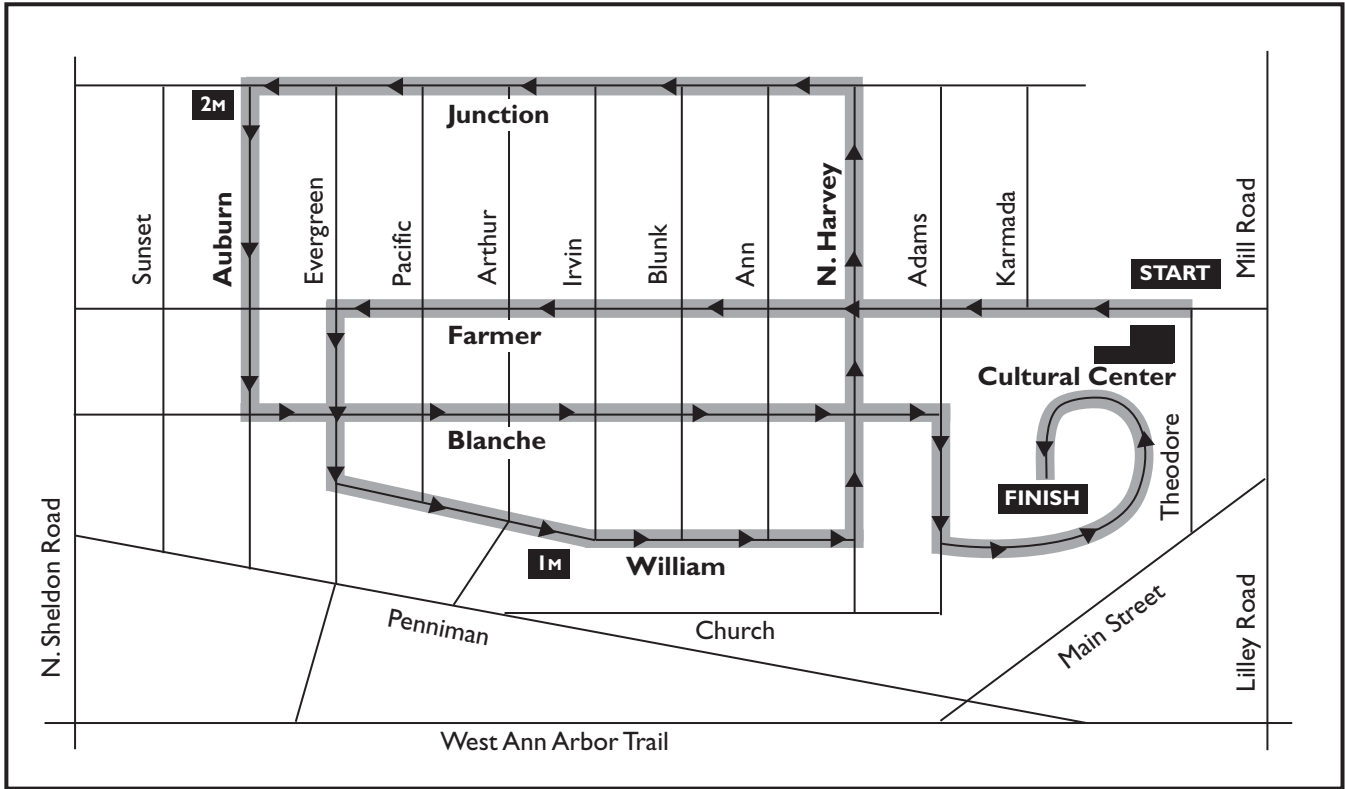


*Hosted by the
Donnelly family
and Salem XC*

Signature: _____ Date: _____

Parent/Guardian if under 18 years:

3.1 Mile (5K) Road Race Course



1 Mile Road Race Course

